

Kennebec River Rail Trail Tobacco-Free Policy

Purpose and application

Kennebec River Rail Trail is dedicated to providing everyone with a safe and healthy environment at all of the Kennebec River Rail Trail public recreation areas, effective May 15, 2021 (updated March 4, 2026).

Kennebec River Rail Trail recognizes that smoking and the use of tobacco and cannabis products at our public recreation areas is detrimental to the health and safety of everyone. Kennebec River Rail Trail supports an environment where everyone is safe from the harmful effects of secondhand smoke and supported in efforts to live tobacco-free. Therefore, Kennebec River Rail Trail has adopted a 100% tobacco-free public recreational area policy, that exceeds state law (22 M.R.S.A. § 1580-A).

This policy prohibits all smoking and the use of all tobacco and cannabis products 24 hours per day, 365 days a year:

- In all Kennebec River Rail Trail owned, leased, and affiliated buildings.
- On all Kennebec River Rail Trail owned or leased properties.
- At all Kennebec River Rail Trail permitted or sanctioned events – both indoor and outdoor when on Kennebec River Rail Trail property.

Everyone is required to abide by Kennebec River Rail Trail's smoke-free and tobacco-free policy. This includes all people utilizing Kennebec River Rail Trail space, including organizers of and attendees at, public events, including but not limited to, athletic events, concerts, productions, conferences, meetings, lectures, social events, and/or cultural events using Kennebec River Rail Trail owned, leased, and affiliated property.

Definitions

- A. "Smoking" means inhaling, exhaling, burning or carrying any lighted or heated cigar, cigarette, pipe or joint, or any other lighted or heated tobacco or plant product intended for inhalation, including hookahs and, cannabis whether natural or synthetic in any manner or in any form.

"Smoking" also includes the use of an electronic smoking device that creates an aerosol or vapor, in any manner or in any form. "Electronic Smoking Device" means any product containing or delivering nicotine or any other substance intended for human consumption that can be used by a person in any manner for the purpose of inhaling vapor or aerosol from the product. The term includes any such device, whether manufactured, distributed, marketed, or sold as an e-cigarette, e-cigar, e-pipe, e-hookah, or vape pen, or under any other product name or descriptor.

- B. "Tobacco" means a product that is made from or derived from tobacco, or that contains nicotine, that is meant to be smoked, heated, chewed, absorbed, dissolved, inhaled or ingested by any other means. Tobacco products include, but are not limited to, cigarettes, electronic smoking devices, cigars, hookah, pipe tobacco; all smokeless and dissolvable tobacco products, including but not limited to nicotine pouches, chewing tobacco, snuff, snus, and any component or accessory used in the consumption of a tobacco product, such as filters, rolling papers, pipes and liquids used in electronic smoking devices, whether or not they contain nicotine. Or the use of any other type of tobacco or nicotine product for the purpose of circumventing the prohibition of tobacco in this policy. This does not include products specifically approved by the US Food and Drug Administration (FDA) for the purpose of cessation or nicotine replacement therapy.

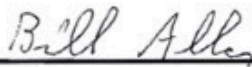
Kennebec River Trail Tobacco-Free Policy

- C. "Cannabis", also known as marijuana or weed, refers to any product derived from the Cannabis sativa or Cannabis indica plant containing THC (delta-9-Tetrahydrocannabinol), which causes mind and body altering effects, and that is meant to be smoked, heated, chewed, absorbed, dissolved, inhaled or ingested by any other means. Cannabis products include, but are not limited to, edibles, joints, beverages, dab pens, vapes, flower (bud), and oils.

Procedures

This policy will be communicated through tobacco-free signs posted at all property entrances and throughout the facility, through employee education, including being written into training manuals and new employee orientation. Everyone is required to comply with Kennebec River Rail Trail's tobacco-free policy. Enforcement will rely on our community speaking up to keep the Kennebec River Rail Trail clean and safe for everyone to use. To notify Kennebec River Trail of a concern, please contact us at KennebecTrail@gmail.com.

Tobacco treatment information is available for those interested in quitting, including about the Maine QuitLink (1-800-QUIT-NOW or MaineQuitLink.com) for individuals 18 years of age and older, and My Life My Quit (Text "Start My Quit" to 36072 or MyLifeMyQuit.org) for youth between the ages of 13 and 17 years old. The Maine QuitLink and My Life My Quit offer a variety of phone- and web-based quit service options that are free, friendly, and confidential.



Signature: Bill Allen, Secretary, Friends of KRRT Secretary

Date: March 4, 2026